

Swimming at Motcombe Pool every Sunday afternoon with the

## Sovereign Disabled Swimming Club

Registered Charity No. 263846

### Autumn 2018 Newsletter

21-October-18

#### Arndale Win a Car Wednesday 28 November



Our day for selling tickets at the "Win a Car" raffle in the Arndale Centre (shortly to be renamed Beacon Centre) in Eastbourne is Wednesday 28th November from 9am to 5pm.

To have a successful day, we need a minimum of four people at all times. Rowena will be organising a rota so please put your name down for a slot.

Please come along and help us sell the tickets and promote our swimming club.

#### Grand Christmas Draw

Tickets are now available for this year's Grand Christmas Draw with a first prize of £200. Prizes are donated by local business LawlerDavis and tickets are £1 each.



The draw will be held at the poolside on Sunday 16th December. Please make every effort to sell tickets. This is a good opportunity for every club member to help us raise the funding to keep the club afloat. All ticket stubs and money to be returned to Rowena by Sunday

9th December please.

#### Eastbourne Local Lottery

Do you play the National Lottery? Why not try Eastbourne Local Lottery? If you buy your tickets through our page, 50% of all tickets sales comes to our club.

Go to [www.eastbournelocalottery.co.uk](http://www.eastbournelocalottery.co.uk)

and search for **Sovereign Disabled Swimming Club** or scan the QR code below to go direct to our page and you will be helping us finance the weekly pool hire cost as well as giving yourself a chance of winning a prize.



Who knows - you might win £25,000 !

Follow us on Facebook at:

[www.facebook.com/sovereigndisabledswim](https://www.facebook.com/sovereigndisabledswim)



#### Coffee Morning - 13 Dec.

The British Queen PH at the Triangle, Willingdon, is holding a Coffee Morning and Raffle in aid of our Swimming Club from 10 am to 12 noon on Thursday 13th December. It would be good to have a group of swimmers supporting this event.



#### Swimming Matters



A warm welcome to our new members and a reminder to all our swimmers that if the pool alarm or whistle sounds everyone must immediately go to the side of the pool and await instructions.

#### Sponsored Seafront Stroll



The Sponsored Seafront Stroll on 4th August was a lovely event on a very hot day. 18 club members, family and friends walked along Eastbourne Seafront raising funds for our club.

We have raised over £1800 which is a marvellous result. Thank you to everyone who took part and helped us raise such a substantial sum.

After the walk we enjoyed a meal together at the Beach Deck Café.

#### Christmas New Year Holiday

The club will be closed on Sunday 23rd December and Sunday 30th December for the Christmas holidays.

Club swimming sessions will restart on Sunday 6th January 2019.

